# An Adventure in Education



# Forest School Camps Programme 2013

### Welcome

Welcome to the FSC Programme 2013.

Please read the programme carefully. The main points are highlighted below.

- Please read the important information pages carefully before applying for camp.
- Please make sure you check the dates of camps carefully.
- 1st Fortnight Summer Camps dates are Saturday 27th July to Friday 9th August
- 2nd Fortnight Summer Camps dates are Sunday 11th August to Saturday 24th August
- Please note the split of the age groups in the How to Enrol section.
- We are only able to offer new camp places to children of primary school age. In 2013, potential first-time campers must have a date of birth between 01.09.2001 and 28.02.2007 and must have registered with us before 30th November 2013.
- Please see the Camp Fees section for fee information.
- No child should be unable to camp for financial reasons (see Camp Support and Aid Fund section).

We hope you like your programme, and that you enjoy planning your camping this year.

2

6

## Contents

#### About Forest School Camps

#### Important Information

#### How to Enrol

- Camp Fees
- Aid Fund
- Children with Special Needs
- Police Checks
- Cancellation
- Parents Meeting
- **New Campers**
- Camp Life
- New Sites

#### Camps

Easter & Earlier	7
Spring Camps	10
Whitsun & Early Summer Camps	11
Summer Camps	13
Associate Membership of FSC	20
Associate Camps	20
Conservation & Skills Camps	22

#### Additional Information

	FSC Stores	23
3	Fenwood	23
4	FSC Regional Groups	24
4	FSC Clothing	24
5	Preparing for Camp	25
5	Camp Kit List	27
5	New Staff	31
5	Contacts	32
6	Camp Dates	33
6	Camp Sites Map	34







### **About Forest School Camps**

Forest School Camps (FSC) is not a commercial holiday company; it is an educational charity and a voluntary organisation. All our officers and staff are unpaid volunteers.



The original Forest School, which ran in the 1930s, drew its philosophy from progressive educators, from the Woodcraft movements and the Native Americans, from Quakers and others. Special importance was attached to the experience of boys and girls, children and adults, learning to work and play together close to nature.



FSC began in 1948 when former pupils and staff came together, anxious to develop and pass on the ways, values and spirit of Forest School, which by then had closed.



Our approach to education is about discovering for oneself how to do something, rather than being told in the abstract. Children and staff find themselves in situations that encourage this; the outdoors demands and encourages learning.



We remove unnecessary authority and, with due regard for safety and legality, encourage children to take responsibility and reach their own decisions on both small and notso-small issues, individually or as members of a group.



At camp we aim to teach ourselves how to live with independence and responsibility; concern and care for ourselves, others people and the environment; resourcefulness and self-confidence; tolerance and respect. FSC is determined that all people be treated equally regardless of age, gender, sexual orientation, ethnic origin, religion or disability. These are high ideals - we don't always succeed.



A Native American belief is that you will only be in touch with nature if you 'sit and sleep on the earth'. This feeling for the wholeness of life on our planet is expressed in some of our rituals and the names we give things at camp.



The philosophy developed at camp is practised throughout the administrative organisation of FSC. When you enrol your children you become part of FSC and this approach. Many staff members begin their association with FSC as parents or campers.



Camp is great fun, though at a practical level it can also be cold and wet, and often dirty. Despite this, many people camp again and again and again. Join us to find out why!

### www.fsc.org.uk

# Important Information How to Enrol

Please return your enrolment forms by Friday 8th February 2013.

Please use the personalised application forms which have been sent to you. Do not photocopy them or use another child's forms\* Please check that you have used the correct postage - especially if using an A4 envelope - and do not send forms by registered post. It will delay your child's application if our volunteers have to collect mail from the post office.

Demand for places is high and children whose applications are received after the deadline will be at a disadvantage. However, we place children to ensure that camps are balanced by age, sex and experience, so some applicants applying earlier than 8th February may still be disappointed.

You should hear by 15th March whether you have a place on a weekend, Whitsun or summer camp. Applicants for Easter and early Caving camps will be notified as soon as possible.

In order to give as many children as possible a camp place during the year, children under 12 will not be able to go on both a Whitsun camp and a summer camp. If you apply for both periods you should make it clear which is your first choice.

Trailseekers, Trackers and Pathfinders may be able to go on both camps if spaces permit, but should still tell us which they prefer. All campers can apply for Easter and weekend camps as well as for summer or Whitsun.

Please tell us on your child's form if his/her siblings are also applying to camp and whether or not they want to camp together. We will also try to place two friends together if asked, but not larger groups.

All children who have camped with us are youth members of FSC until they are eighteen. Members are placed ahead of new applicants and priority for new membership is given to siblings of existing members. Children who have previously applied unsuccessfully will get priority over completely new applicants - most potential new campers will not be placed in the first year they apply.

Most activity camps are for experienced FSC campers i.e. children who have attended two FSC standing camps. This applies even if your child has camped with other organisations. Our standing camps impart the basic FSC philosophy essential for activity camps.

At camp, children will join a group based on their age on 31st August 2013. Each group camps separately from the others, so siblings or friends can only share a tent if they are in the same group. The groups are:

Group	Age on 31.08	School Year	
Elves	6.6 to 8.11	1, 2 and 3	
Woodlings	9.0 to 11.11	4, 5 and 6	
Trailseekers	12.0 to 13.11	7 and 8	
Trackers	14.0 to 15.11	9 and 10	
Pathfinders	16.0 to 17.11	11 and 12	

When youth members reach the age of 18 we hope to welcome them back as staff or Waywardens.

<sup>\*</sup>Only children who have already registered with FSC can apply to camp in 2013. First-time

applicants for camp in 2014 should register before 30th November 2013.

You only need to register once: information about how to do this is in the "Parents' Reference" section of our website at www.fsc.org.uk. As our older groups are over-subscribed, we are unable to register children who will be over primary school age when they first apply to camp. This includes children who have siblings who are already FSC campers.

### **Camp Fees**

Fees for each camp are listed with the individual camp details.

It is FSC policy that no child will be refused a place due to financial circumstances. See Camper Support & Aid Fund.

Fees include return fares from London. If a child misses the escorted party it is the parent or guardian's responsibility to arrange his or her transport to the site at their own cost.

**DO NOT send any money with your form.** We will invoice you if your application is successful.

- When you have been allocated a place on a camp we will write to you with the payment details.
- This letter will detail how fees may be paid, including paying by installments and rebates for those travelling independently to camp.
- 10% of this total fee is treated as a non-refundable deposit, to cover our administration costs, once you have accepted the place.
- All Whitsun and summer camp fees must be paid in full at least six weeks before the camp. Easter and weekend camps must be paid before the camp starts.





### Camper Support & Aid Fund

FSC offers assistance with camp fees for families who cannot afford to pay the full amount. This may include students, parents on benefits or a low income and those whose circumstances change. In order to apply for assistance from the Aid Fund, please tick the box in the enrolment form and the Aid Fund secretary will contact you.

Children will never be refused a place because they cannot afford the fees, but we do sometimes have to turn down children due to the high demand for places.

The Aid Fund also has equipment, such as sleeping bags, waterproofs etc. If you would like to borrow any equipment for camp please email aid.fund@fsc.org.uk

or write to

FSC Aid Fund, Frances Rainford, Hill Row Causeway, Haddenham, Ely CB6 3PA

### Donations

FSC is very grateful to receive donations. This enables other children to enjoy the experience of FSC and for our kit to be maintained. Please make cheques payable to Forest School Camps and send them to the Finance Group (see contacts page). If you would like to make your donation more tax efficient through the use of the Gift Aid scheme, or would like to make a regular donation by standing order, please visit our website and download the form, or let the Finance Group know and they will send you the appropriate form from our website, or from the Donations Officer.

# Children with Special Needs

FSC runs some camps suitable for active children with special needs due to learning difficulties or physical disabilities. These camps are marked throughout the programme.

We also integrate children into other camps wherever possible. We can advise parents, guardians or sponsors which camp would be the most suitable for a particular child. We realise that children with disabilities may need a dedicated staff member at camp.

If parents or sponsors feel that their child with disabilities would enjoy camping, we ask them not to let the cost deter them from applying, as FSC may be able to arrange financial assistance.

Parents or sponsors of children with special needs should send their applications directly to special@fsc.org.uk or write to:

Michael Whelan FSC Special Enrolments PO Box 3185 London SW18 3JG

Social workers, teachers, care workers, foster parents and others wishing to enrol children who would benefit from our camps should also contact Michael at the above address.

# Criminal Record Checks

All FSC staff are required to have submitted a correctly completed Disclosure and Barring Service disclosure application (replacing the former CRB checks) before they can be enrolled to staff on our child camps. We continue to operate our own internal procedures to ensure the suitability of our staff, over and above the information obtained from criminal record checks. We keep the process of staff record checks under regular review.

### Cancellation

If you have to cancel a place at a camp, please write to the Children's Secretary, Forest School Camps, PO Box 3185 London SW18 3JG or email Children.Secretary@fsc.org.uk, giving the reason, as soon as possible.

If a place is cancelled within six weeks of the start of camp it may not be possible to enrol another child and all or part of the fee may be kept to cover our costs. FSC does not insure you against cancellation. Holiday insurance (available from most travel agents and banks) would cover you against this risk. Such insurance could also cover loss or damage to a member's equipment, for which FSC cannot accept responsibility.

Please note that the final decision on refunds rests with the Children's Secretary.



### **Parents' Meeting**

There will be a meeting in central London on Saturday 20th April 2013 for parents, guardians and sponsors and for children who will be going to camp for the first time this year.

This will be an opportunity for you to meet some of the staff of the camps and to find out more about FSC. Full details of the meeting will be sent to you with your offer of place in March. If you do not have a child enrolled, but would like to attend the meeting, details may be obtained from the Enquiries Officer (see contacts page) after 1st April.

### **Camp Life**

Most of our summer, Whitsun and Easter camps are standing camps. This means that they are based at one site. Small camps may have between 25 and 35 children on them, and large camps between 60 and 70. At standing camps we impart the basic camping skills. The children learn to pitch a tent, to look after their possessions and to keep them dry. They learn to gather and cut wood, to make fires and to cook food. Groups of campers from across the age range - clans - take turns in the kitchen to prepare the food for the camp.

All this knowledge is consolidated by the two to four-day hike which takes place during the camp. Each age group goes with its staff for a distance suitable for the age and strength of its members. During the hike the children usually plan, buy (with camp funds) and cook their own meals, with help when needed.

Other activities during the camp may include swimming, exploring, night walks, country dancing, organised activities in trees, campfires, and various FSC games. The end of camp is marked by two major events: Merrymoot and Lodge Common Council. At Merrymoot, the whole camp gathers to entertain each other with a mixture of songs, sketches and improvisations. At Lodge Common Council, the campers gather around a formal fire and review the camp, suggesting changes in activities or emphasis for the following year.

After a few standing camps, many children are ready to try an activity camp. Most of these camps are semi-mobile or mobile, travelling on foot, by bicycle, by canoe or by sailing boat. The campers buy their food (with camp funds) every few days and cook in small groups. Activity camps are generally smaller than standing camps, usually with 15 to 25 children. Some mobiles are strenuous, others are easier. The descriptions of the camps give more information. Many activity camps are for experienced FSC members only, i.e. those who have attended 2 standing camps.

### **New Campers**

Going to camp for the first time can seem scary. Camp life is very different from the lifestyle most of us are used to, but children fit in very quickly and enjoy the experience of living in an FSC community. Both staff and children are learning all the time, and every camp has its own good and bad times for everyone. Each year there are some children who are camping for the first time. Staff make every effort to ensure that new children feel at home and secure. Camp is a caring community where everyone tries to be alert to each individual's hopes and fears. The camp starts on the escort journey, and it's a good idea for children to travel with the escorted party if at all possible. This is where people first start to get to know each other

Further information and advice will come by email a few weeks before camp starts.



#### **New Sites**

We are always keen to find new sites and there have been occasions in the past when we have had to cancel camps (due to Foot and Mouth disease, for instance). Our need to cancel would be reduced if more sites were available to us. If you have, or know of, twelve acres or so of land which would be suitable for a camp, whether as emergency back-up or as a regular site, please contact: Kate Ebbutt Camps Committee Coordinator camps@fsc.org.uk

### **Easter and Earlier Camps**

Please note the dates of the following camps carefully.

There are often more places available on Easter camps than on Whitsun and summer camps. The weather at Easter is sometimes challenging, but the result is often a particularly close and enjoyable camp.

## 1 Wakin' & Shakin' at 2 Easter at Hodore -Danbury

Camp Chiefs: Matt Megarry & **Rory Blackman** Organiser: Careen Hertzog

Spring is here! We'll be hatching out of old ways, tying knots in ropes and maybe untying some knots in our minds! Building with wood, building shelters, building fires, building our confidence. Be prepared for sun or snow! We'll working together to survive, strive and skive; make, shake, wake and innovate, down in the woods at Danbury!

Age: 6.6 - 17.11 Date: Sat 30th March to Sat 6th April Travel: Coach from London Fee: £250



# **Fields and Forest**

Camp Chiefs: Feimatta Conteh & Andv Freedman Organiser: Christina Weir

Let's gather on the other side of the track where we'll create a community with the skills we bring and those we learn. Let's explore field and forest, build shelters, have adventures, play games. Let's talk, listen, shout, dance and make music. Let's create something brilliant. Let's build a lodge. Come prepared for all weathers.

Age: 9 to 17.11 Date: Sat 30th March to Sat 6th April Travel: Coach from London Fee: £250



Please send your applications for Easter and Earlier Camps to Ruth Steed 14 Highfields Forest Row, East Sussex RH18 5AJ

## **3** Easter Cave Training

#### Camp Chief & Organiser: Flow Stone

Cave training camps are an opportunity for older campers and staff who have caved before to increase their experience and knowledge of the caves in order to lead and support others on main caving camps. Also a good chance for staff new to caving to try it before taking responsibility for others underground.

**Extra info**: This camp is for experienced FSC campers only.

#### Age: 15+

Date: Sun 7th April to Mon 8th April Travel: Campers to make their own way to the site (we will try to coordinate lifts where possible) Fee: £40



## 4 Easter Caving at Bull Pot

#### Camp Chiefs: Peter Blackman & Giles Vellacott Organiser: Polly Rubinstein

We will be revisiting to Bull Pot Farm to relish the underground delights of Casterton Fell, Lancashire where we will be camping in and making use of a local caving club building. We will enjoy all the usual camp related antics with a bit of a caving twist as well as taking a day out from caving to explore the wonders of the moors or nearby Yorkshire dales, so come prepared with your caving wellies, walking boots and fleecy layers.

**Extra info**: All campers should have 2 FSC standing camps experience. Caving equipment supplied, wellies and walking gear needed.

#### Ages: 11.0 to 17.11

Dates: Mon 8th April to Fri 12th April Travel: Travel costs are additional to the camp fees (We will try to co-ordinate travel where possible) Fees: £105



Please send your applications for Caving Camps to Ruth Steed 14 Highfields Forest Row, East Sussex RH18 5AJ

# **5** Easter Eggspedition

Camp Chief: Jenny Dingle Organiser: Esmée Jenkins

We will walk through the Pumlumon mountains of Mid Wales, camping in some great wild places on the way. As well as walking we will definitely make plenty of time for learning new skills, swimming by waterfalls, campfires, playing games and enjoying being on a journey.

Note: This camp is for both experienced and less experienced walkers. Older campers will have lots of opportunities to take on a leadership role if they would like that, and younger campers will be supported so that the level of challenge is right for them.

Ages: 10.0 to 17.11 Dates: Sun 7th April to Sat 13th April Travel: Coach or train from London Fees: £250







Please send your applications for Easter and Earlier Camps to: Ruth Steed 14 Highfields Forest Row, East Sussex RH18 5AJ

## **Spring Weekend Camps**

### 6 May Day at Hodore

Camp Chief: Laurence Higgins Organiser: Judy Hallgarten

Come and enjoy a fast-paced three night camp in the beautiful bluebell woods at Hodore. We will make friends, build fires, eat in circles, have fun, sing songs, sleep well, wake early and pack as much as we can into our 72 hours. Come and see how much fun you can have with people you've only just met. This is a camp for everyone, and is particularly good for FSC first timers and people with limited mobility.

Ages: 6.6 to 17.11 Dates: Fri 3rd May to Mon 6th May Travel: Coach from London Fees: £95

### 8 Venice

Camp Chief: Roddy Brooks & Stephan Ashford Organiser: Sheila Gore

A walking weekend on the canals round the western edge of the Black Country with our (t)rusty narrowboat. We will spend the evenings and mornings on the same site standing camp style, with cooking fires, lats and campfires. On Monday we clear the site and go to the Black Country Museum for the day before taking the train home.

Ages: 9.0 to 17.11 Dates: Early Sat 4th May to Mon 6th May Travel: Train from Marylebone Fees: £70

### 7 Redlingfield Romp

Camp Chief: Simon Oatley & Dave Monk Organiser: Jane Wightwick

Romp and run to our new camp deep in the Suffolk woods, where we will hide and seek, and sing and dance. Can you cook your lunch over a fire you lit with steel? Will you be warm and dry in your handcrafted shelter? Definitely. We'll do it all, together!! Ages: 6.6 to 17.11 Dates: Fri 3rd May to Mon 6th May Travel: Coach from London Fees: £95





Please send your applications for Spring Weekend Camps to Ruth Steed 14 Highfields Forest Row, East Sussex RH18 5AJ

### Whitsun Camps

# 9 Six May Days at Stockon

Camp Chiefs: Emily Kerr & Julian Welsh Organiser: Fiona Clarke

The hare and the deer will be watching us from the forest as we spend a week away from the world of school and shopping. Instead, we'll be listening to crackling fires, laughing with new friends and feeling the wildness and the weather through everything. We will learn to love the shelter of the wide oaks and the kiss of rain, and then we will return the place to the animals for another year.

Ages: 6.6 - 17.11 Dates: Sat 25th May to Sat 1st June Travel: Coach from London Fees: £250

### **10 Doing it at Danbury**

Camp Chiefs: Nicky Birch & Dan Gritten Organiser: Caroline Emlyn-Jones

Join us for adventures and arboreal action, disco dancing and 'doing the do', fire lighting and frolics, penknives and pancakes. Not to mention singing, sleeping out in shelters and sunbathing in the woods. This is the best camp, we need you to come and prove it. This will be a vegetarian camp.

Ages: 6.6 to 17.11 Dates: Sat 25th May to Sat 1st June Travel: Coach from London Fees: £250

# 11 Whitsun Wanderers

Camp Chiefs:**Patrick Hamann &** Robin McKeown Organisers: Sylvie Leithgoe

Sussex, a place where we've had some of our greatest invasions: The Romans, The Normans: Battle of Hastings. It is also home to one of our most beautiful sites, Hodore Farm, right in the middle of Winnie the Pooh country. So come and join us in this special place, where we will swim in the river by day and explore the woods by night, and of course always have time to play, eat, drink weak squash and be merry.

Name the animal on the Sussex flag and win a prize at escort!

Ages: 6.6 - 17.11 Dates: Sat 25th May to Sat 1st June Travel: Coach from London Fees: £250



Please send your applications for Whitsun Camps to FSC Enrolments, PO BOX 3185, London, SW18 3JG

# **12 Great Ouse Canoe** Weekend

Camp Chiefs: Hazel Powell & Julian Brown Organiser: Jenny Wigston

Do you enjoy being on and in the water? If so, come and try canoeing. We will learn to control our boats in fast water whilst paddling upstream to Newport Pagnell. This weekend is a good introduction to the way we camp on summer canoe treks, as we will be shopping and cooking in small groups on trangias and primuses.

An extra group of FSC staff will be camping alongside us to see if they enjoy canoeing too.

Note: Beginners to canoeing welcome. All campers must be able to swim 50 metres.

Ages: 10 - 17.11 Dates: Fri 31st May to Sun 2nd June Travel: Train from London Fees: £70







Please send your applications for Canoe Camps to Ruth Steed, 14 Highfields, Forest Row, East Sussex RH18 5AJ

# **1st Fortnight Summer Camps**

As a result of the large number of applications for children's places for these camps, and the need to ensure that camps are well balanced and not too large, we cannot guarantee a place for all applicants wanting to go on main summer camps.

Please note summer camp dates carefully:

- 1st Fortnight summer camp dates are: Sat 27th Jul Fri 9th Aug (Except Nos. 20 & 26)
- 2nd Fortnight summer camp dates are: Sun 11th Aug Sat 24th Aug (Except No. 35)

# 20 Rock on Stockton

Camp Chiefs: Sophie Holloway-Hintzen & Jack Freedman Organiser: Michael Whelan

Upon a glorious hillside in Wiltshire we will have a fun-filled, fantastical time. Grab your sun hat, your wellies, something fancy and get ready to get your rocking Stockton socks on.

**Note:** This camp is only for active children with special needs due to learning or physical disabilities.

Note: This is a 10 day camp

Ages: 9 - 17.11 Dates: Sat 27th July to Mon 5th August Travel: Coach from London Fees: £350



# 21 Harlech 1

Camp Chief: Nell Cameron Organiser: Ayshah Jansen- Blackman

Come to this beautiful Welsh mountain site with old, mossy woodland, streams, hills and views of the sea. A full lodge of friends to meet, old and new; listening, talking, learning and laughing. Fires to light, string to knot and food to cook for ourselves and for others. Songs to sing and games to play... Hike to the beach?

Ages: 6.6 to 17.11 Dates: Sat 27th Jul – Fri 9th August Travel: Coach from London Fees: £395



Please send your applications for Summer Camps to FSC Enrolments, PO Box 3185, London, SW18 3JG

### 22 Farndale 1

#### Camp Chiefs: Bryson Gore & Ed Straw Organiser: Penny Wiles

Farndale is one of our most beautiful sites where you can be certain to experience 100% of the weather! We hope to build a lodge comprising young and old, experienced and novices - with lots of running around and time to spend talking to friends new and old.

Staff and children are encouraged to bring along ideas for activities and we'll all try to make them happen! If you've been to Farndale before come back and relive its magic, if not, come and discover the delights of the North Yorkshire dales...

Ages: 6.6 to 17.11 Dates: Sat 27th July to Fri 9th August Travel: Coach from London Fees: £395

### 23 Radnor 1

Camp Chiefs: Jack Hanson & Andy Doyle Organiser: Karen Patrick

A full range standing camp set in the beautiful landscape by the river Ithon. We aim to make an active, creative, and caring community from the skills and spirit everyone can give. Come prepared to enjoy the summer, mud, flood or sunshine, and live in harmony with our neighbours and ourselves.

Ages: 6.6 to 17.11 Dates: Sat 27th July to Fri 9th August Travel: Coach from London Fees: £395





### 24 South Cornwall 1

Camp Chiefs: Ben McCarthy and Hester Feld Organiser: Anne Francis

Join us down in glorious Cornwall and warm your cockles by the fire. Bring ideas, stories, songs, an open mind and an open ear. Our lodge will get creative with mud, food, woodcraft, and nonsense. We'll share our skills and learn some new ones, making a pretty green field a special and spiritual home for us all. The sun will shine, the stars will glow, we will laugh and we will grow.

Ages: 6.6 to 17.11 Dates: Sat 27th July to Fri 9th August Travel: Coach from London Fees: £395

Please send your applications for Summer Camps to FSC Enrolments, PO BOX 3185, London, SW18 3JG

### 25 Teviotdale 1

#### Camp Chiefs: Stefan Baker & George Torode Organiser: Sarah Young

Meeting in the Scottish borders, we will build a supportive and adventurous lodge. We will learn how to live together, making a home with a carpet of grass and the sky as our roof. The hills will echo with songs and games, our faces lit by the sun or the moon, our hearts warmed by laughter and campfires. Join us to explore, grow, and bog-down-boogie in the valley-o!

Ages: 9 – 17.11 Dates: Sat 27th July to Fri 9th August Travel: Coach from London Fees: £395

# 26 Wildside

Camp Chiefs: Neale Jenvey & Dave Monk Organiser: Rory Coase

Have you ever wanted to find an endless deserted beach, or a horizon that is dawn till dusk, or a night sky that makes you gasp - well so have we, and we think we may have found all of them on a Hebridean island, 5 hours from the mainland. South Uist is the site of our dreams; it redefines the extremes of sun, wind, rain and calm that you ever thought could exist (let alone in one place, and all within a single hour!) Expose your Wild Side and we'll meet you on the Beach.

Ages: 12 – 17.11 Dates: Sat 27th July to Sat 10th August Travel: Coach from London, Boat from Oban Fees: f 395





# 27 West Country Wild Swim

Camp Chief: Sue Brearley Organiser: Karen Mautner

At this active standing camp in beautiful North Dorset we'll share our riverbank home with otters, kingfishers, badgers and barn owls; doing all the usual FSC activities as well as swimming every day. Can we design a floating Merrymoot stage? Make a hot tub? Hike to the coast and sleep on the beach? Come and find out...

This camp is for experienced FSC campers who can confidently swim 200 metres.

Ages: 11 – 17.11 Dates: Sat 27th July to Fri 9th August Travel: Coach from London Fees: £395

Please send your applications for Summer Camps to FSC Summer Enrolments, PO Box 3185, London, SW18 3JG

# **2nd Fortnight Summer Camps**

Please note summer camp dates carefully.

- 1st Fortnight summer camp dates are: Sat 27th Jul Fri 9th Aug (Except Nos. 20 & 26)
- 2nd Fortnight summer camp dates are: Sun 11th Aug Sat 24th Aug (Except No. 35)

### 31 Harlech 2

Camp Chiefs: Julie & Rod Gritten Organiser: Kate Williamson

Wilderness, wildlife and nature's secrets. Singing, laughter and friendship. Adventure, excitement and quiet listening. Shelters, games, stories, plant-lore and playing. Fires, stalking, swimming and star gazing. If your wish list for camp is the same as ours then join us at Harlech where the land of woods and rivers nestles between the mountains and the sea.

Ages: 6.6 - 17.11 Dates: Sun 11th Aug to Sat 24th August Travel: Coach from London Fees: £395

### 32 Farndale 2

Camp Chief: Ben Keith Organiser: Emma O'Bryen

This camp will be about fire and singing, often at the same time. We will build a community rocking and a rollin' as we light bigger and bigger fires. How about some of these: bathing in a waterfall, two night games, feasting on banoffee pie and making lots of new friends? Come and join us on the edge of the breath-taking North Yorkshire moors as we learn how to look after each other and live in our surroundings.

Ages: 6.6 - 17.11 Dates: Sun 11th Aug to Sat 24th August Travel: Coach from London Fees: £395

### 33 Radnor 2

Camp Chiefs: Andy Prag & Dave Fuller

#### Organiser: Joan Fuller

The Welsh countryside is calling you to spend 2 weeks exploring the adventurous side of camp, learning new ways of doing old things. We're planning to play, build, shout, whisper and sing our way through the fortnight, asking all the questions and deciding on our answers together. Creating a stripped back camping experience, we aim to do as much as we can with our hands, explore as much as we can with our heads and enjoy as much as we can with our lodge.

Ages: 9 - 17.11 Dates: Sun 11th Aug to Sat 24th August Travel: Coach from London Fees: £395



Please send your applications for Summer Camps to FSC Summer Enrolments, PO Box 3185, London, SW18 3JG



### 34 South Cornwall 2

Camp Chief: Daniel Simon Organiser: Liz Ball

We will frolic in the fields, whoop in the woods and swim in the sea and streams, all the while creating our small community with care and friendship. Adventurous days of swimming, walking, dancing and woodcraft will give way to beautiful campfires at night under the Cornish stars. So come in good voice to make the fields ring both day and night with our song and laughter.

Ages: 6 - 17.11 Dates: Sun 11th Aug to Sat 24th August Travel: Coach from London Fees: £395

# 35 The Mark Twain IV: A New Hope

Camp Chief: Rad Wagon Organiser: Natasha Lewer

We return to our traditional standing camp with a twist in the golden Pang valley. Lazily scooting around during "hike on a bike" with the benefits of dismissing back-ache and blisters. Lots of swimming places, our own homebuilt amphitheatre and whatever we each bring to complete our community.

**Note:** For experienced FSC campers only. You will need a bike with panniers and rack although help can be arranged.

Ages: 12 - 17.11 Dates: Sun 11th Aug to Sat 24th August Travel: Coach from London Fees: £395





Please send your applications for Summer Camps to FSC Enrolments, PO Box 3185, London, SW18 3JG

### 36 Ardèche Adventure

#### Camp Chiefs: Charlie Whittuck & Laurence Higgens Organiser: Hana Leithgoe

Ever asked for a campsite in French? Wondered how many pains au chocolat you can get with an entire 10 day hike budget? There is only one way to find out. We will be exploring the wonderful Ardèche in the south of France, with the foot hills of the Alps on our tent porches and more gorges than you can whittle a stick at, we're going to take some 10 pint pots on a French holiday. Starting near the city of Valence then heading into the hills you will need good walking boots and a taste for adventure.

**Travel:** Coach from London to Paris and then train from Paris to Valence.

**Extra info:** European health cards and up to date passports will be needed.

Ages: 12 - 17.11 Dates: Sun 11th Aug to Thurs 22nd August Travel: Coach from London Fees: £395



Please send your applications for Summer Camps to FSC Enrolments, PO Box 3185, London, SW18 3JG







### Autumn Camps

### 37 Pathfinder Postcamps Weekend

Camp Chiefs: Tom Bennett & Fran Rainford Organiser: Frances Rainford

A few weeks after summer camps, this weekend is a chance for last year pathfinders to get together with old friends and make new ones. It will be part reflection – talking about life on camp and looking forward to the possibility of staffing – and part celebratory, marking the end of your time as a child on FSC camps. There will also be a little work, lots of games and opportunities for teaching and learning new skills.

Note: All final year pathfinders will be sent an invitation in June.

Ages: 17 – 17.11. Dates: Fri 20th to Sun 22nd September Travel: Coach from London. Fees: £25 (plus £10 travel)



# 38 Autumn Caving Training

Camp Chief & Organiser: Flow Stone

Cave training camps are an opportunity for older campers and staff who have caved before to increase their experience and knowledge of the caves in order to lead and support others on main caving camps. Also a good chance for staff new to caving to try it before taking responsibility for others underground.

#### Ages: 15 - 17.11.

Dates: Fri 18th to Sun 20th October Travel: Campers to make their own way to the site (lifts will be arranged wherever possible). Fees: £40

# **39** Autumn Caving in the Mendips

Camp Chiefs: Peter Blackman & Giles Vellacott Organiser: Polly Rubenstein

We will be once again returning back to the ever-faithful caves of the west, so come prepared with your caving wellies and fleecy layers to explore and experience the many caves the Mendip hills have to offer, from wet and challenging to dry (mostly) and warm.

These caves are suitable for all abilities of caver from nervous novices to experienced explorers alike. We will be saving one day to roam above ground and take in the wondrous views of the west country.

#### Ages: 11 to 17.11

Dates: Sat 26th to Wed 30th October Travel: Escort party from Bristol Temple Meads only – We can help coordinate travel (campers to pay cost). Fees: £105

Please send your applications for Autumn Camps to Ruth Steed 14 Highfields Forest Row, East Sussex RH18 5AJ

### **Associate Membership and Camps**

Parents and supporters who become Associate Members of FSC receive news of FSC's activities in an annual newsletter. There are also weekend family camps especially for Associate Members and their families. The annual subscription is £5. The Associate Members' Secretary will send you a form and further details on request.

Associate Members and FSC staff are all welcome at family camps, with or without their children. There is no age limit, upper or lower, and these camps are particularly suitable for very young children who may be camping for the first time. Supervision of the children is the responsibility of their parents, and there is no organised travel, allowing us to keep the fees to a minimum. Parents and children share in the communal cooking, with food and cooking equipment provided by the camp. There will be many of the usual FSC activities like rally, singing around the campfire, games, walks, and whatever the site and our ingenuity can produce. To apply for a family camp please use the form sent to all Associate Members, or download an application form from the downloads section of our website. Please note that these camps get booked up quickly, so don't delay in applying as places are allocated first come first served. This year we will be restricting families to one camp only in the first instance, so please state your order of preference if you are applying for more than one camp.

NB: A parent who becomes an Associate Member or attends a family camp does not give their child any priority on the waiting list to attend any of our main camps

# <u>Associate Camps</u> 40 Red, Blue, Green at Braziers

# Camp Chiefs: Simon Emmerson & Jake Holloway

We'll be getting out musical instruments, singing, dancing, chopping and making things and generally enjoying ourselves as a lodge, under the watchful gaze of the beautiful soaring Red Kites - all surrounded by bluebells and green fields. It will all build up to a big Spring Merrymooting Glee-fest in the Braziers Park barn!

Dates: Fri 3rd May to Mon 6th May







# 41 " And the larks they 43 Midsummer in sang melodious..."

#### Camp Chiefs: Adrian Matthews & Quentin Rea

We invite you to join us for a long, leisurely weekend of sprung spring at the wonderful Assington farm in Dedham Vale - an area of outstanding natural beauty on the Suffolk/Essex borders. Although it may be a little early for the nightingales, nature in all its forms will be wriggling, stretching, yawning and flapping back to life and we shall wriggle, stretch, yawn and flap with the best. The ancient millpond offers the possibility of water based activities and, who knows, may reveal its secrets of Saxon gold, and Druid burials. The woods beckon for campfires and night walks. So enough of the chat, you know the score, fab vegetarian cuisine courtesy of the dream team, lots of lovely music, fantastic company and a spring clean for the soul to keep you fresh all year.

Dates: Fri 3rd May to Mon 6th May

### 42 North Yorkshire Associates Camp

Camp Chief: Steve Fletcher

We will build our community at this beautiful site in Farndale, where we will celebrate the joy of living! There will be singing, dancing, walking, woodcraft and superb food. We will have a Lodge Common Council and Merrymoot and go home with a song in our hearts. Come, join in and create the magic!

Dates: Fri 24th May to Mon 27th May



# **Suffolk**

Camp Leader: Sophie Smiley

We shall be returning to the beautiful site at Assington to enjoy the longest days of the year. There will be fire lighting fun, swimming in the millpond, lovely singing and lots more. The site is full of wildlife, and we may hear nightingales and see badgers. Come and join us with your ideas, waterproofs and sun hats. Note: This camp is mainly vegetarian

Dates: Fri 21st to Sun 23rd June

# 44 Allendale Associate Camp

Camp Chief: Liz Grayson

We are returning to our new site in Allendale for a weekend of walking, cooking, singing, country dancing and hopefully this year, swimming in the river Allen or at least paddling - meeting old friends and getting to know new ones. This site is on a hill with beautiful views of the Northumberland countryside.

Dates: Fri 5th to Sun 7th July



# **Conservation & Skills Camps**

At camp we may take the fabric of the countryside for granted, but Conservation & Skills Camps give us the chance to redress that balance a little. These camps can involve all kinds of tasks, such as coppicing, hedging, path laying, constructing bridges, compost toilets and stiles, repairing and renovating farm buildings.

The camps are cheap, convivial and confidence-building, and they are run on similar lines to small standing camps. They are generally for staff, with no upper age limit of course, but families with younger children, volunteers from abroad and adults new to FSC are also welcome.

There are no special qualifications needed and everyone can contribute to ensuring that the camp is an enjoyable experience. In fact it's a great opportunity to try your hand at new things or to hone existing skills.

There are no camp fees. You travel independently to the site and will be asked to contribute to cover the running costs of the camp. This is usually about £5.00 per day to cover food. You'll need your normal kit, but remember some old clothes.

The Fenwood weekend is classed as an FSC work weekend and there are no camp fees or food costs, and reasonable expenses can be claimed.

For further information or to enrol please contact the FSC Conservation & Skills Camps Secretary by email:

Phil King

conservation@fsc.org.uk

No.	Camp	Leaders	Dates
50	February Fenwood	Dave Monk	Fri 22nd Feb – Sun 24th Feb
51	Danbury Woodchuck	Sophie Nathan & Leo Murray	Fri 15th – Sun 17th March
52	Easter at Grey- hill	Stuart Peachey	Wed 27th Mar – Sun 7th April
53	Spring at Rushall	Matt Knight & Martin Powell	Fri 5th April – Sun 7th April
54	Braziers	Aggie Forster	Fri 26th April – Sun 28th April
55	Summer Greyhill	Stuart Peachey	Mon 17th Jun – Fri 5th July
56	Braziers Park	Aggie Forster	Fri 27th Sept – Sun 29th Sept
57	Assington Mill	Nelleke van Helfteren & Peter Kessler	Fri 18th Oct – Sun 20th Oct
58	Autumn at Rushall	Phil King & Rad Wagon	Fri 25th Oct – Sun 27th Oct
59	November Fenwood	Bryson Gore	Fri 22nd Nov – Sun 24th Nov

## **FSC Stores**

#### What is FSC Stores?

FSC Stores is where we keep all our equipment. We send out around twenty tonnes of equipment every year and we unpack, maintain and repack at our site in Cambridgeshire. While we do so we sing, dance, laugh and you can come join us. It's even free since FSC will pay reasonable travel expenses. We are always on the lookout for new volunteers, even if it's only the one weekend a year you can give. Pathfinders need the written consent of their parent or guardian in order to attend; an appropriate form is available on the FSC website in Downloads.

Two weekends a year (April and August) are given over to maintaining our buildings and grounds rather than the stuff you see in the field.

#### How do I get there?

Transport usually arranged or run from London, and there are regular attendees travelling from all around the country who may be able to offer lifts, or we can arrange to get you picked up from Ely station.

#### Who can tell me more?

For further information regarding the Stores weekends, please contact the FSC Stores Conveners: Ben Keith and Bodric Priest stores@fsc.org.uk

For any queries regarding travel to or from Stores weekends, please contact the Stores Hostess:

hostess@fsc.org.uk



Weekends run from Friday evening to mid afternoon on Sunday

- February 8th- 10th
- March 8th 10th
- March 29th (Mon) 1st April (House)
- May 10th 12th
- June 7th 9th
- July 5th 7th
- August 23th (Mon) 26th (House)
- September 6th 8th
- October 11th 13th
- November 8th 10th
- December 13th 15th

#### Fenwood



Fenwood is part of the stores site at Haddenham near Ely, Cambridgeshire.

FSC planted the 2.4ha (8.5 acre) field in 2006 to use as an educational woodland, which is used for short camps and for the learning of outdoor skills.

We have 2 weekends a year when we dedicate our efforts to the care of the young trees and the Fenwood site. When the work is over, there's plenty of time to play.

Staff and Pathfinders are very welcome at these weekends (pathfinders will need parental permission).

As these are work weekends for FSC, reasonable expenses may be claimed.

For more information please contact Dave Monk, fenwood@fsc.org.uk

### **FSC Regional Groups**

Over the years, FSC staff have set up informal, regionally based groups which meet and run occasional weekend camps.

### **Western Region**

We meet fairly regularly for glee and other events. We have done walks and bicycle trips in the last two years, and may do some camping or canoeing in 2013. Dates and events are decided in January, and if you would like to find out more, or be involved in some way, please contact us.

Tom Bennett 58 Foxcote Road Ashton Bristol BS3 2BZ 0117 963 4355 western.region@fsc.org.uk





# FSC Clothing 2013

Whether you missed out last year, or just like to buy new clothes, we hope there's something for you this time round (as long as you like black). The hoodies are zipped this year and the prints have a two-colour design. So what's it to be: Hoody? T-shirt? Large logo? Small? Choose from turquoise or gold - it's up to you.



All garments are sourced from and printed by companies with sound policies all round. There should be an order form with your programme. Any questions please email us: clothing@fsc.org.uk

# **Preparing for Camp**

#### Equipment

You probably already own most of the things you need for a standing camp. Warm, well-worn clothing is required. The only essential extras are a sleeping bag and really effective water-proofs; we don't always take shelter when it rains. We ask that families who continue to camp with us try to supply at least one two-person tent. Full details of what to bring to standing camps are given in the kit list section. For mobile camps some more specialist equipment may be required - see extra notes in the kit list - but full details will be sent to you by your camp organiser.

#### Tetanus

We ask that all campers are fully protected against tetanus well before camp. The pre-school tetanus course lasts for ten years and the school-leaving booster lasts until age 25.

#### Life Jackets

We make it a firm policy that life jackets or buoyancy aids are worn when children are canoeing, sailing or rafting with FSC. We will provide them. Our policy is not to wear buoyancy aids when narrow-boating.

#### Travel

Escorted parties travel between London and our camps. The expected departure and destination stations are listed under each camp. Final details of times and meeting places will be sent in a pre-camp circular a few weeks before camp. Campers may arrange to join the escorted party at any station at which the train stops, but those doing so will be asked to purchase their own tickets to and from the destination. A travel refund will be made.





#### Insurance

Forest School Camps takes responsibility only for the activities listed in this programme. Forest School Camps insures for its liabilities at law. While all possible care is taken to avoid accidents, Forest School Camps does not insure for personal accident or for loss or damage to personal property. Those who are not already insured for personal accident and for all risks in respect of personal effects may wish to make their own arrangements.

Children and staff of camps which travel to foreign countries, including the Republic of Ireland, are covered by a comprehensive travel policy which includes medical treatment as well as loss and damage to personal effects, subject, of course, to the usual limitations and exclusions. The cost of this insurance is included in the camp fee. Details of the insurance scheme can be provided on request. Forest School Camps is not able to insure you if you have not been permanently resident in the United Kingdom for 12 months prior to effecting the insurance. In such cases you must provide us with evidence of suitable cover effected in your country of residence and you will receive a refund equivalent to the insurance premium that would have been paid on your behalf.

#### Alcohol, cigarettes and illegal drugs

Please ensure that your child does not bring any alcohol to camp.

Illegal drugs are not tolerated at camp and we ask you to work with us by preventing your child from bringing illegal substances to camp. If it is discovered that a child has brought illegal substances to camp we reserve the right to send the child home and to refuse to enrol him or her on future camps.

Can we remind parents and campers that it is against the law for children under eighteen to buy cigarettes or tobacco, or to smoke in public places.

#### **Further information**

You will receive a pre-camp circular a few weeks before camp, probably by email. This will include further information including use of mobile phones, Weil's disease, our internet policy and our alcohol policy in addition to other information from your camp chief and/ or organisers. Please ensure you and your child read and discuss this important information prior to camp where appropriate.

# Camp Kit List

On camp we live out in the elements. Staying warm and dry on a wet day, or not suffering from sunburn after a hot one, makes a big difference to a child's enjoyment of camp. Learning to live comfortably in the outdoors in all weathers is an important part of camp life.

Please make sure your child is well prepared for all conditions. The kit list below is a distillation of our experience and is meant as a helpful guide for you and your child to ensure they are appropriately equipped at camp.

#### **General Notes**

Reasonably priced equipment is available from several high street camping shops – it is not necessary to invest in the best or most expensive equipment for camp, but do make sure that what you buy is fit for purpose. Very cheap discount equipment often does not stand up to the rigours of camp life and may leave your camper cold, wet and unhappy. Also, please don't bring treasured items that are delicate or vulnerable to water or dirt.

#### Loss of equipment and packing

A distressing amount of personal equipment is lost at camp. There are a few simple strategies to prevent this:

- Labelling all clothing and equipment should be indelibly labelled with the camper's name.
- All campers should be involved in their packing. A surprising number of items are lost because the camper did not know that they brought them in the first place, or did not know where they were packed.
- Efficient packing. Please make sure that your camper's equipment is packed inside no more than 3 bags multiple items increase the chance of loss, and items strapped or tied on to the top of bags are at risk of coming off and being lost. In addition to a rucksack, a canvas bag, kitbag, or zipped holdall is good for remaining luggage. Line all luggage with waterproof bags rubble sacks or strong bin liners are great for this. Inside these, it is a good idea to separate different types of clothing and put them in different, supermarket-style plastic bags one each for underwear, socks, tops, trousers, jumpers, etc. Label these bags to show their contents and it's much easier for your child (and their group staff) to find what they need, rather than rummaging around in an enormous sack.

#### Clothing

For a one-week camp.

For a fortnight camp, pack double quantities of trousers and thick socks. This is especially necessary for under-11s.

- rainwear (Note 1)
- footwear (Note 2)
- 3 warm tops (sweatshirts etc)
- 4 pairs of trousers/jeans (Note 3) (8 for a fortnight for under-11s)

- 2 warm woollen jerseys or fleeces
- thick socks, 2 pairs (4 for a fortnight for under-11s)
- pyjamas/track suit
- swimming costume
- sunhat
- woollen hat and gloves
- handkerchiefs/tissues
- shorts/dress/skirt (optional)

And depending on the length of camp, an appropriate number of...

- light tops (T-shirts etc) (Note 3)
- socks (minimum 6 for a week, 10 for a fortnight they get wet!)
- underclothing

#### Equipment

- lightweight tent (Note 4)
- groundsheet (Note 5) \*
- sleeping bag (Note 6)
- rucksack (Note 7)
- Ordnance Survey map (1:25000)\*
- compass\* ('Silva' type recommended)
- waterbottle

#### Miscellaneous

- cloth bag containing:
- plastic mug
- deep plate

- knife, fork and spoon
- sponge bag containing:
- flannel, soap and nailbrush
- toothbrush and paste
- comb/hairbrush
- towels, two medium size
- torch and spare batteries (Note 8)
- penknife (Note 9)
- notebook and pencil
- paper and stamps (for writing home)
- plastic bags/bin liners (for keeping things clean and dry)
- sunblock
- insect repellent\*
- musical instrument\*
- 'dressing up' clothes\*
- materials for making things (e.g. embroidery thread)\*
- \* optional

#### Note 1: Rainwear

Every camper should have a complete set of rainwear. Several types of garment are suitable for camp, but the essential features of them all are that they are completely waterproof, and that headwear (a hood or hat) and waterproof trousers are included. If possible test your camper's waterproofs under the shower or garden hose (but remember if you selected badly you may not be able to return them to the shop after this!)

Suitable types of rainwear include those made from;

- PVC This is tough, suitable for young children, and completely waterproof if somewhat heavy and a bit bulkier.
- Proofed nylon Check that the proofing is waterproof e.g. neoprene lining, and that the seams are taped to ensure they are waterproof.
- Breathable "Gore-Tex" or similar garments are also suitable if fully waterproof, but bear in mind they are more expensive and should be 3 layer (rather than 2) so that they stand up to the harsh treatment they may receive at camp.
- Rubberised fabric or oilskins are tough and waterproof, but heavier.

AVOID: Lightweight nylon cagoules with chemically treated seams – they will leak after anything more than a shower; "Barbour" or other similar waxed jackets – they are not waterproof in sustained wet conditions and are expensive.



#### Note 2: Footwear

Even at standing camps we do a lot of rough walking, so footwear must be comfortable. Leather walking boots are ideal as they provide ankle support, good foot protection, and have good grip in most conditions. For younger children, sturdy trainers with a good grip may be adequate. As it is often wet underfoot, Wellingtons are recommended for all campers and are ESSENTIAL for the under 11s – make sure they are big enough to accommodate thick socks, and that they tuck inside your waterproof trousers.

In addition, campers may wish to have some lighter footwear for wearing around camp e.g. light trainers, plimsolls, sandals or similar.

All footwear must be well walked-in before camp.

Note 3: Shirt/Top and Trousers

Jeans are tough but terrible to wear when wet, so bring a variety of types of trousers. Tracksuit bottoms are ideal. Fleece trousers are great on cold days. Bear in mind that synthetic fibres dry quickly– cotton stays wet and cold for ages.

At least one light top should be long sleeved with a collar to protect against the sun by day, and insects by night.

Clothing that can be worn in many layers is much more flexible, and allows adjustment to the weather and conditions better.

#### Note 4: Tents

FSC holds a limited supply of small tents which we can lend to campers at standing camps. Those who continue to camp will want to get a tent of their own.

Tents should be fully waterproof, and should have 2 layers – an inner and a flysheet. Single layer nylon tents will not withstand heavy rain and are unsuitable.

An entrance porch is useful for removal and storage of wet clothing and boots under shelter.

Tents should be suitable for at least 2 people but also remember that they may need to be carried on hike or mobile camps. Both A frame (less common now, and more costly), and dome tents are suitable subject to the previous conditions.

When choosing a tent, make sure it is both stable and waterproof in windy conditions (if the flysheet and inner tent can touch in the wind, it will leak). If flexible poles are used, alloy are stronger than fibreglass, but will increase the cost. A porch which can be used for storing gear is very useful. Porches also help keep the inner tent dry when getting in on a rainy day.

Please make sure your camper is able to pitch their own tent before sending them to camp with it.

#### Note 5: Groundsheet

A separate groundsheet is useful for sleeping out and sitting on.

#### Note 6: Sleeping bag

Synthetic (e.g. 'Hollowfill') sleeping bags are recommended for most campers as they retain much of their effectiveness when damp, are easier to clean, and less costly. However, some older more experienced campers may prefer down bags which are warmer for the weight, and pack smaller, although they require more care. Sleeping bags are rated by warmth as 1-5 seasons, and we recommend 3 seasons or above for general camp use.

We recommend that all sleeping bags should be used with sheet linings – either cotton or fleece (avoid thin synthetic linings as they are less comfortable and offer little extra insulation). The use of an insulating mat between the sleeping bag and the groundsheet will add significantly to warmth of the sleeper. Camp beds and lilos are bulky and unsuitable for camp. We

recommend that two sleeping bags be used at Easter and autumn camps. All bedding should be packed into a thick polythene bag or sack.

#### Note 7: Rucksack

Most importantly, a rucksack should fit the owner comfortably, and be able carry the essentials depending on age, namely sleeping bag, spare clothes, waterproofs, eating things, and some food and water on hike. Rucksacks are graded by capacity, and as a rough guide, consider 35-40 litres for smaller children and 50-65 litres for larger ones. It is worth testing a rucksack fully loaded before camp, preferably when trying it on in the shop, and always line it with a waterproof liner – rubble sacks are a cheap and effective solution.

Many campers will not be able to pack all their equipment in a single rucksack. See the general notes above concerning additional luggage.

#### Note 8: Torch

Good lightweight torches are widely available. Torches will need to be carried on hike so don't bring a massive searchlight, and remember the spare batteries.

#### Note 9: Penknife

A simple penknife or single-bladed folding knife is useful. Extra gadgets on a penknife will increase the price more than the usefulness. A lanyard, chain, or length of string is strongly recommended for attaching the knife to a belt as a safeguard against loss. Pack your knife in your rucksack for the escort journey – it will not be needed and is liable to be lost.

### **Under Tens**

Our experience at camp convinces us that the under tens need extra underwear, socks and two pairs of pyjamas (three for a fortnight). Waterproofs should be large enough for the tops to fit comfortably over several layers, and the bottoms to fit over wellingtons.



### **Mobile Camps**

Lightweight tents, cooking stoves, fuel containers and billies are needed. A tent should have a flysheet, a sewn-in groundsheet and should ideally weigh less than 1.5 kg per person sharing it. You will normally be expected to supply at least one of the above items, Your camp chief will supply a complete specialised kit list and can advise you what to buy (or borrow).

When packing for walking mobiles, all your kit (with some space left for food) must fit inside your rucksack. Strong, waterproof walking boots with Vibram soles, or similar, are essential; they must be comfortable and be well walked-in.

For canoeing mobiles, your kit has to be packed into several small waterproof bundles. Kitbags (maximum size 80cm by 30cm diameter) and a small frameless rucksack are best; anything larger will not fit into a canoe. On cycling mobiles, all your kit must fit inside your panniers and saddle bags (leaving some space for food!).

## **New Staff**

If you are over eighteen and you think FSC sounds like your sort of organisation, do give us a try. We can't offer much in the way of money – just expenses – but the good company of likeminded adults of all ages keeps many people coming back year after year.

Some of our best staff are recruited by children returning from camp and urging their parents to join in the fun. We provide training in practical camping skills and also make sure that each camp has a balance of new and experienced staff so that each person can continue 'learning by doing'.

If you enjoy the open air, the company of children and being part of a community, come along to a weekend training camp, find out what's involved and see whether you enjoy it. Parents often have much needed experience in child care, younger staff have more energy for boisterous games and activities. Whether you're zany and imaginative or dull and dependable, we need your talents!

Training camps last for two or three days (generally over a bank holiday), and run alongside a regular camp. Before being offered a space on a training weekend, we require that trainees have completed an enhanced Criminal Records Bureau disclosure, standard procedure for anyone working with children or vulnerable adults.

For more details on weekend dates and the CRB process, and to receive an application form, please send your name, contact details (address, phone numbers, email) and date of birth to:

new.staff@fsc.org.uk



### Contacts

All our workers are voluntary and help Forest School Camps in their spare time. While every effort is made to deal with enrolments and correspondence promptly, some delays are unavoidable. Please only write to or e-mail our officers.

#### Chair

Daphne Carre Sycamore Cottage, 66 Main Street, Denton, Grantham, Lincs, NG32 1JZ chair@fsc.org.uk

Enquiries Officer Julia Clarke, 7 Rathcoole Avenue, London N89LY enquiries@fsc.org.uk

Enquiries about children's enrolment: Sue Brearley PO Box 3185, London ,SW18 3JG children@fsc.org.uk

Special Enrolments Michael Whelan PO Box 3185, London, SW18 3JG special@fsc.org.uk

Finance Group Forest School Camps Hill Row Causeway, Haddenham, Ely, CB6 3PA treasurer@fsc.org.uk

Camper Support (Financial) Frances Rainford Hill Row Causeway, Haddenham, Ely, CB6 3PA aid.fund@fsc.org.uk

Associate Members' Secretary Nelleke van Helfteren 7 Victoria Road, Colchester, CO3 3NT

#### **Southern Camps Organiser**

Jayne Jenkins 5 West Chantry, Harrow, HA3 6NX

Northern Camps Organisers

David and Hilary Hughes Malkin House, Brow Lane, Holmfirth, West Yorkshire, HD7 1RJ

#### Western Region

Tom Bennett 58 Foxcote Road, Ashton, Bristol, BS3 2BZ 0117 963 4355 western.region@fsc.org.uk

Conservation & Skills Camps Secretary Phil King, conservation@fsc.org.uk

Haddenham Stores Conveners Ben Keith & Bodric Priest, stores@fsc.org.uk

#### Haddenham Stores Hostess hostess@fsc.org.uk

Fenwood Dave Monk, fenwood@fsc.org.uk

New Staff Enquiries new.staff@fsc.org.uk

Donations Officer donations@fsc.org.uk

Forest School Camps is a company limited by guarantee and registered as a charity; Company Number 937722, Charity Number 306006. Registered address: Forest School Camps, Hill Row Causeway, Haddenham, Ely CB6 3PA

Data Protection Statement: Information on FSC's database is held under the provision of the Data Protection Act. It is held exclusively for promoting the proper functioning of the charity, Forest School Camps.

### **Camp Dates Summary**

No.	Dates	Name	Location	Ages	Fee	Info
1	30.3.13-6.4.13	Wakin' & Shakin' at Danbury	Danbury	6.6-17.11	£250	-
2	30.3.13-6.4.13	Easter at Hodore - Fields and Forest	Hodore	9-17.11	£250	LPD
3	7.4.13-8.4.13	Easter Cave Training	Bull Pot Farm	15+	£40	Е
4	8.4.13 - 12.4.13	Easter Caving at Bull Pot	Bull Pot Farm	11 - 17.11	£105	Е
5	7.4.13 - 13.4.13	Easter Eggspedition	Mid-Wales	10-17.11	£250	Е
6	3.5.13-6.5.13	Mayday at Hodore	Hodore	6.6 - 17.11	£95	LPD
7	3.5.13-6.5.13	Redlingfield Romp	Suffolk	6.6 - 17.11	£95	-
8	4.5.13-6.5.13	Venice	Venice	9-17.11	£70	-
9	25.5.13 - 1.6.13	Six May Days at Stockton	Stockton	6.6 - 17.11	£250	LPD
10	25.5.13 - 1.6.13	Doing at Danbury	Danbury	6.6 - 17.11	£250	-
11	25.5.13 - 1.6.13	Whitsun Wanderers	Hodore	6.6 - 17.11	£250	-
12	31.5.13 - 2.6.13	Great Ouse Canoe Weekend	Sherrington	10-17.11	£70	-
20	27.7.13 - 5.8.13	Rock On Stockton	Stockton	9-17.11	£350	LPD
21	27.7.13 - 9.8.13	Harlech 1	Harlech	6.6 - 17.11	£395	-
22	27.7.13 - 9.8.13	Farndale 1	Famdale	6.6 - 17.11	£395	-
23	27.7.13 - 9.8.13	Radnor 1	Radnor	6.6 - 17.11	£395	-
24	27.7.13 - 9.8.13	South Cornwall 1	SCornwall	6.6 - 17.11	£395	-
25	27.7.13 - 9.8.13	Teviotdale 1	Teviotdale	6.6 - 17.11	£395	-
26	27.7.13 - 10.8.13	Wildside	South Uist	11 - 17.11	£395	-
27	27.7.13 - 9.8.13	West Country Wild Swim	Dorset	11 - 17.11	£395	Е
30	11.8.13-24.8.13	Harlech 2	Harlech	6.6-17.11	£395	-
31	11.8.13 - 24.8.13	Farndale 2	Famdale	6.6-17.11	£395	-
32	11.8.13 - 24.8.13	Radnor 2	Radnor	9-17.11	£395	-
33	11.8.13 - 24.8.13	South Cornwall 2	SCornwall	6.6-17.11	£395	-
34	11.8.13 - 24.8.13	The Mark Twain IV: A New Hope	Rushall	12-17.11	£395	Е
35	11.8.13-22.8.13	Ardèche Adventure	SFrance	12-17.11	£395	Е
36	20.9.13 - 22.9.13	Pathfinder Postcamps Weekend	Fenwood	17 - 17.11	£25+10	-
37	18.10.13 - 20.10.13	Autumn Caving Training	The Mineries	15-17.11	£40	Е
38	26.10.13 - 30.10.13	Autumn Caving in the Mendips	Mendips	11-17.11	£105	Е
40	3.5.13-6.5.13	Red, Blue, Green at Braziers	Braziers Park	Family	N/A	А
41	3.5.13-6.5.13	"And the larks they sang melodious"	Assington Farm	Family	N/A	А
42	24.5.13 - 27.5.13	North Yorkshire Associates Camp	Famdale	Family	N/A	А
43	21.6.13 - 23.6.13	Midsummer in Suffolk	Assington Fram	Family	N/A	А
44	5.7.13 - 7.7.13	Allendale Associate Camp	Allendale	Family	N/A	A
50	22.2.13-24.2.13	February Fenwood	Fenwood	18+	N/A	CS
51	15.3.13 - 17.3.13	Danbury Woodchuck	Danbury	18+	N/A	CS
52	27.3.13-7.4.13	Easter at Greyhill	Greyhill	18+	N/A	CS
53	5.4.13 - 7.4.13	Spring at Rushall	Rushall	18+	N/A	CS
54	26.4.13 - 28.4.13	Braziers	Braziers Park	18+	N/A	CS
55	17.6.13 - 5.7.13	Summer Greyhill	Greyhill	18+	N/A	CS
56	27.7.13 - 29.7.13	Braziers Park	Braziers	18+	N/A	CS
57	18.10.13 - 20.10.13	Assington Hall	Assington	18+	N/A	CS
58	25.10.13 - 27.10.13	Autumn at Rushall	Rushall	18+	N/A	CS
59	22.11.13-24.11.13	November Fenwood	Fenwood	18+	N/A	CS

E = Experienced FSC campers only CS = Conservation and skills camps A = Associate camps LPD = This camp is suitable for active children with special needs due to learning or physical disabilities

### **Camp Sites**



Listen and learn some camp songs. Visit http://virtualcampfire.co.uk

